

**2026 Race Walk Championships Qualifying Standards- Approved 12/6/2025**

**USATF Marathon Race Walk National Championship | January 11, 2026 | Santee, CA**  
Open Event. No standard or qualification period needed

**USATF Indoor National Championship 5,000m | February 28, 2026 | Staten Island, NY**

<b>Men</b>		<b>Women</b>	
<b>5000m</b>	22:00	<b>5000m</b>	25:15
<i>5,000m Minimum</i>	22:30	<i>5,000m Minimum</i>	25:51
<b>3,000m</b>	13:03	<b>3,000m</b>	14:38
<b>1 Mile</b>	6:15	<b>1 Mile</b>	7:15

*\*Note, has been approved by the executive committee for 2026 and 2027. The committee may consider adding a 10,000m qualifying mark for 2027.*

**\*\*5K road marks will be automatically accepted in lieu of 5,000 at the USATF 5K Road Racewalk Championships only. Other road marks may be accepted at the discretion of the Chair.**

**\*\*\*Prize money and travel funding will not be allocated to this event. However valuable world ranking points will be awarded as a national championship event**

**USATF Outdoor National Championship Half Marathon | July 23-26, 2026 | Location TBD**

<b>Men</b>		<b>Women</b>	
<b>Half Marathon</b>	1:42:30	<b>Half Marathon</b>	1:55:00
<i>Half Marathon Minimum</i>	1:47:00	<i>Half Marathon Minimum</i>	1:59:00
<b>20km</b>	1:36:00	<b>20km</b>	1:48:00
<i>20km Minimum</i>	1:40:00	<i>20km Minimum</i>	1:52:00
<b>10km</b>	46:30	<b>10km</b>	51:30
<b>5km</b>	22:00	<b>5km</b>	24:30

**Qualifying Period: January 1, 2025 until one week before race day (exact date TBD)**

**USATF U20 Outdoor National Championship 5,000m | Date TBD | Location TBD**

<b>Men</b>		<b>Women</b>	
<b>10,000m</b>	55:15	<b>10,000m</b>	59:45
<b>5000m</b>	26:00	<b>5000m</b>	28:30
<b>3,000m</b>	15:15	<b>3,000m</b>	16:15

**Qualifying Period: January 1, 2025 until one week before race day (exact date TBD)**